

## **UnitedHealthcare**

### MetLife Advocate Overview video transcript (2:08)

- Testing, testing.
- How do I look?
- Let's go.
- We're a group of benefit advocates that UnitedHealthcare put together specifically for your company.
- So if you have a question about your health plan benefits or specific medical question, you can reach out to us.
- Our job is to provide the extra level of support for you, your coworkers, and your families.
- That is a very excellent question, and one we get almost every day.
- For starters, we can help you understand how your health plan works, find savings on medical expenses, ensure your providers are in network, and identify lower cost options, like virtual care.
- And we can also connect the dots with your health plan to help find the right care when you need it. Whether it's for joint pain, weight loss, or another specific health need, you may be surprised by the options available to you.
- It can be really stressful when you need the found care right away.
- Whether it's a cut, a cough, or anything else that needs attention now, a quick conversation with an advocate can explain your care options and your potential costs.
- We can help you figure out if it makes sense to go to the emergency room, an urgent care center, your regular doctor, or even virtual care.
- Our goal is to help you save money while making sure you get the care you need as quickly as possible.
- I can tell you how to take care of you and the children, but the houseplants, I'm gonna have to leave with somebody else.
- Water them.
- We water with love around here.
- There's really no question too big or too small. If it's about your health plan, we're here to help.